

# 2026 SCHEDULE

**21** THURSDAY

**22** FRIDAY

**23** SATURDAY

**24** SUNDAY

**Coaches meeting**  
7:00 to 7:30

**Opening ceremony**  
9:00 to 10:00

**Team competitions**  
10:00 to 1:00

**Track and field**  
16-18 years:  
10:00 to 12:00  
**Ancestors Challenge**  
10:00 to 1:00

**Shot put, javelin throw, basketball and volleyball clinics**  
9:00 to 12:00

**Trail run**  
**Ancestors Challenge**  
9:00 to 12:00

**Team competitions**  
9:00 to 12:00

**Finals – Ancestors Challenge**  
16-18 years: 9:00  
13-15 years: 10:00  
10-12 years: 11:00

**Finals**  
9:00 to 11:00

**Lunch break** 13-18 years: 12:00 to 1:00  
10-12 years: 1:00 to 2:00

**Team competitions**  
1:00 to 7:00

**Track and field**  
13-15 years:  
2:00 to 5:00  
**Ancestors Challenge**  
2:00 to 7:00

**Medals: long jump, javelin and shot put**  
ages 13-15 and 16-18: 12:30 to 1:00

**Team competitions**  
1:00 to 9:00

**Track and field**  
10-12 years:  
1:00 to 5:00  
**Ancestors Challenge**  
1:00 to 4:00

**Lunch break**  
12:00 to 1:00

**Team competitions**  
1:00 to 6:00

**Finals – 100 m**  
13-15 years and  
16-18 years:  
4:00 to 5:00  
10-12 years:  
5:00 to 6:00

**Medals: long jump, javelin and shot put**  
10-12 years: 5:25 to 6:00

**Party (10-15 years)**  
7:00 to 9:00

**Banquet (16-18 years)**  
7:00 to 9:00

**Fun evening**  
Open swim – swimming cap mandatory  
7:30 to 9:00

**Party (16-18 years)**  
9:30 to 11:00

**DINING AREA**  
always open  
11:30 to 7:30



**CHILL ZONE**

Always available  
EXCEPT during meals